ASCENT

THE DAEMEN COLLEGE NEWSMAGAZINE

Volume XLVI, Number 4

February 1991

9+(23X2)=55

by Cary Hennessey .

The latest edition of Barron's Profiles of American Colleges and Universities, the same authority used last year by College Administration to claim Daemen's average SAT score is higher than its competition, states there are 55 buildings on the Daemen campus. Maybe there are if you count 23 of them twice.

According to Pat Lucariello, Director of Physical Plant, there are in fact only 32 buildings on campus. Debby Fargo-Paryz, Associate Director of Admissions, says the count of 55 was a typographical error by the Barron's publisher.

Admissions completes a survey that the Barron's company sends out to colleges and universities. Barron's will correct the error in the future, says Fargo-Paryz.



Student Body Needs to Sweat

Free

by Lourdes Iglesias

The Daemen curriculum needs to offer its students more than just books and instruction to help us make it in the future. In this day and age, when society is pro-health, when mere physical appearance is often as important as the resume during the post-graduation jobsearch, students more ways than Airband to release their stress and frustrations.

It is hazardous for students to eat and study constantly without any form of physical activity. This brings on calories, depression, and laziness. We become so involved in our studies that we forget about our physical appearance. It's great if students graduate *summa cum laude*, but what happens after graduation when we're 30 pounds overweight and worried that we lack anything to wear for an interview because we can't fit into any decent clothes?

What do we do? Join Weight Loss Clinic? Hit the StairMaster at some expensive gym?

In order to prevent such tragedies Daemen should implement some courses that would encourage physical activity. These courses should not be required, but optional for students who need the discipline and motivation to trim their waists and energize their bodies physically and mentally. Courses like modern dancing, volleyball, and baseball will maintain our physical appearance, help with interaction among students, provide a better school spirit, increase self esteem, and most importantly, improve learning capabilities.

Michelle Barone, Junior, says, "It would be nice to have different courses available in dancing, aerobics and weight training with specific instruction, but that are not required."

Jay Bindillo, Junior, comments "It would be a good way to interact with other students, as well as earn credits toward electives."

Students like these feel the gym is great, as are the weights, yet they are convinced that the current arrangement favors those few students who are into power sports.

Social Events on Campus Lack Creativity, Originality

by David Wilsey

Ask most Daemen students what they think about the quality of their life on campus and you will get a variety of answers, followed by that little hesitation and a "... but"

Most of the time that "... but ..." will refer to the social life on campus.

If you were to compare campus life here at Daemen to that on any other school in the area, DC would still tend to come up a little short. Granted Daemen lacks the student population of the two big Buffalo schools; however, ECC keeps its students entertained.

The main event of every semester is Sigma Phi Epsilon's "Air Band." While this is a widely popular event with a large draw, it is the only occasion of its kind. To other colleges, this event would be an ordinary weekly occurrence. All of the fraternity/sorority/social clubs at Daemen get their chance to sponsor a dance in the Wick social room. However, all of these parties seem to have a cookie cutter appearance.

At one point in Daemen's history the "Rat" was a bar with a deejay in the booth and people on the dance floor. A lot of students think the time has come to bring the keg and music back. Chris Page, for instance says that "administration should reopen the bar. There's a lot of schools with their own bar, including Buffalo State," says Page.

Many colleges arrange trips through travel companies for the spring and/or Easter breaks. These trips include island tropical vacations to the Bahamas or spring ski trips to Colorado.

The Student Activities offices provide tickets to some of the hockey and football games. With the wide support these trips get, it would constitute getting tickets to more of these sporting events.

Many people will answer that there is "a lack of student support or spirit" for student oriented events. However, the students must be encouraged to show support for their school.

SPRING CAREER DAYS

LIBERAL ARTS BREAKFAST February 14, 8:30 a.m.

SOCIAL WORK/HUMAN SERVICES Career Fair March 13 5:00 (Panel Discussion) 7:00-9:00 (Career Fair)

> CAREER DAY March 20, 11:30 a.m.

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Who's That Speaker on the Dais Commencing with Us?

by Lourdes Iglesias

Not very many Seniors know the process of picking a speaker for Commencement. In fact, they often fail to know even the identity of the speaker until the speaker is being introduced.

Robert Marshall, President of Daemen College, says he met last Fall semester with Yasuhiro Koike, Senior class President, to discuss possible candidates and suggestions from the students.

So seniors could have a more direct input on this important decision, however, Julie Pitz, a senior PT student, suggests that the senior class be mailed a questionnaire, asking for their preference of speakers. The suggestions could then be reviewed by everyone involved in selecting the commencement speaker.

Koike encourages everyone to suggest potential Commencement speakers. "There's a mail box behind the desk at the Wick building where suggestions can be left," he says.

Or you can reach Koike at 826-4006.



Seniors Wear Philosopher's Stone as Time Draws Near

by David Harris

With the bulk of their college experience behind them, with the deadline of their senior thesis only weeks away, and with the last final exam an awaiting reality, graduation day can never be close enough for seniors at Daemen.

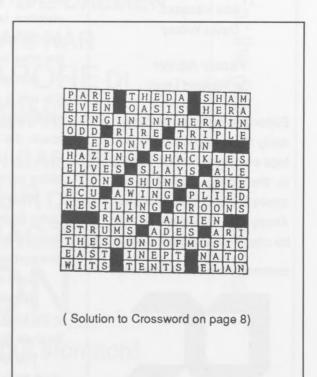
Even at a time when the academic hurdles of college are nearly surmounted, and off in the uncertain professional distance looms a career, super-seniors here at Daemen are not in the least bit hesitant about moving on.

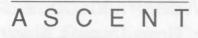
"I've been here for almost seven years now; I think I'm ready to get out," says an anonymous super-senior.

"Hey—there comes a time when you've got to hoist the anchor and say, 'Man—it's time to sail this baby," says another anonymous source.

One thing is certain: college can certainly bring out the philosopher in super-seniors.

May they be quicker in getting a job than they were in getting a degree.





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Editorial matter is not necessarily the viewpoint of the college or student body. Letters to the editor, mailed to the above address, must be signed. Anonymity, if requested, will be cause for not printing letter.



VIEWPOINT

ANTI-WAR PROTESTERS ARE FIGHTING VERBAL WAR FOR LIFE

by Tshana Cooper

Now that the physical war in the Persian Gulf is a reality, it seems as if an emotional war has been declared here in the United States. The US seems more divided than ever over the crisis in the Persian Gulf. Although there are two groups—pro-war and anti-war—who have been openly expressing their opinions on Bush's actions, for some unexplainable reason the one that seems to be on the receiving end of a great deal of hostility is the anti-war protesters.

Most of the protesters of this war are not out there harping on the superficial issues that prompted Bush to declare war. They're out there showing concern for a more pertinent issue: the safe return of all the soldiers in the Persian Gulf. Because of this, they have been called everything from traitors to Nazis.

Why are so many people showing such animosity towards them? People protesting the war aren't trying to overthrow a government. They're simply demonstrating their preference for life over death.

It's so hard to understand how the advocates of war can look at the earliest POWs and still want war. American history is filled with violence, but is the pro-war group willing to risk the lives and freedom of other soldiers. How strongly would they support this war if they were the ones being sent to fight?

Some of these advocates aren't thinking about the overall effects this war is going to have on the soldiers in the Gulf or the family they left behind. Even if the US should win, compared to the lives it will take to win, the victory will be small and meaningless. By the time this is all over, too many people are going to have to start learning how to get along without their parents, spouses, siblings, or friends.

What's Bush going to say to the families of these soldiers who don't come back? What Lyndon Johnson told the families of the Vietnam soldiers who were killed? That their sons and daughters died for democracy?

Such a line didn't work then, and it won't work now.

Before war was declared, a lot of us assumed this was just another in the long line of messes that the US constantly gets involved in. This time we got so deeply involved that war became the only answer.

The US government armed Hussein. Why should innocent soldiers have to pay for that blunder?

LETTERS TO THE EDITOR

Dear Editor

I am writing this letter as a formal apology to the entire Daemen community. On December 8, 1990, I took it upon myself to remove a tree from the lower parking lot of our campus.

I realize now that this was an inexcusable and immature action, and I am sincerely sorry that I did it. I now realize the seriousness of my actions and I am prepared to live up to my responsibilities.

In addition to this letter of apology, I will reimburse the school for the cost of the tree and its replacement. I will also become involved in community service.

I am truly sorry for my actions. Anthony Martino

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SPRING LITERARY MAGAZINE SEEKS SUBMISSIONS

Step Ascending is now accepting submissions of poetry, short fiction, and creative essays for its Spring 1991 issue.

Submissions must be typed, with the author's name and address in the upper right hand corner, and must include a selfaddressed envelope, with sufficient postage to return the manuscript. Submissions that fail to follow these guidelines, as well as those delivered after the March 1 deadline, will be returned or destroyed unread.

Submissions can be mailed or handdelivered to Eddie Guilluame and James Lawson, Editors, *Step Ascending*, Wick Desk, Daemen College, Amherst, NY 14226.

Final Exam Schedule Needs Revision

by David Wilsey

Finals in college is a tough and stressful time for all students. However, many students here at Daemen feel that these feelings are multiplied by the exam schedule.

Students who took physics last semester, for instance, were given their final Sunday morning . "Because of the large number of students," explained Dr. Ismail, "I was forced into giving the test on Sunday; it was the decision of the Department."

Jim Smith commented,"There is no need to have tests on weekends, especially Sunday, when exams could keep us from going to church."

Another student privilege that is sometimes infringed upon during exams is meal time. Tests scheduled late in the day—for example, 3:00-5:20 p.m.—cut students out of dinner. The dining hall closes its doors promptly at 5:30 p.m. As a result, students have ten minutes to go to their dorm, get their meal ticket, and go through the meal line. If a student didn't get enough to eat and wants more, he or she is out of luck.

"There should be at least one reading day before finals," says sophomore Margret Schnieder.

Reading days are given at almost all colleges in the Buffalo area, except Daemen. These days provide students with extra time to fully prepare for their tests, especially when students might have two exams on the day after their last class. A reading day would give them the extra time to study for two tests.

The Registrar's office prepares a preliminary exam schedule and the teachers fill in the rest. Mrs. Higgins said that the schedules are made to accommodate the student.

However, it stands to reason that with the lack of reading days, and the test-upon-test scheduling, students do not feel accommodated. As such, exam time becomes more a sign of how well one takes tests rather than an indicator of how much one has learned.

Tasty Alternatives Exist to Cafeteria's Standard Menu

If you're one of those in the Daemen community who feels that the menu at the Daemen cafeteria leaves a lot to be desired, you need not grieve for your tortured palates anymore.

Unbeknownst to most, there is an undiscovered world of culinary delights awaiting your dining pleasure, and it's right outside your front door. This is your guide to tastebud delight, a five-star tour of some the best food spots around.

Our first stop is 18 East Campus—Guilliaumes' place. As you walk through the door you are met by the pungent aroma of cheese—that's because chef Ed is preparing his five-star special entree: macaroni-cheese-tuna casserole. After some coaxing, chef Ed discloses his personal recipe exclusively: "After the macaroni is cooked put the tuna in and add two of those big spoons of mayonnaise and some cheese."

This place is high-class all the way, right down to the unique designer napkins; each one individually embroidered with a colorful fruit basket.

And now we'll wisp on over to 46 East Campus just in time to catch some of Tarsha Williams' Ramen noodle and turkeyburger mixture. It looks mighty tasty. I'm sure everyone would want to sample this delicacy.

"Yes, they would, because I made it with tender love and care," Williams said.

One can't help but wonder: What other key ingredients went into the making of this wonderful creation?



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Weight Room Helps Lifters Stay in Muscular Shape

by Ana Vazquez

Besides going out in forty degree weather for a jog, or waiting on a list for Stairmaster, why not try out the weight room?

Located at the back of the gym complex, the weight room has a universal machine, free weights, and a heavy bag.

For those who do not know, the universal machine is a system of balanced weights so that a lifter can work out without the need of a spotter. That is, someone can lift without the fear of being crushed by loose tonnage.

The free weights are for those who like to workout in pairs. Even if you go without a spotter, someone is usually there to lend a helping hand.

"I workout because I'm health conscious; I want to stay in shape," says Damon Carpenter. "I see how the lack of exercise affects other people."

"I workout because I think it's important to stay in shape," says Stephanie Alcee, a freshman PT.

"I workout because it relaxes me and helps me relieve tension," responds J.D.Warren. "When you pop as much garbage as I do, you just have to have something to back it up with."

A Proposal to Revise Final Exam Schedule to Include Open Days

by Christina Velez

<u>Principle</u>. During final exam week, many college and universities end their classes at least two days before the final exams commence. This type of policy allows time for students to prepare thoroughly for their finals.

The following petition protests the fact that the Daemen College policy does not allow for this necessity. In addition, the policy of conflict day, as well as the one day of prayer and rest, Sunday, is seldom recognized by the Daemen College professors.

Purpose. Open days provide students ample preparation for upcoming exams. Open days also enable students to recognize a conflict in their exam schedule and allows them to arrange a new schedule with the particular professor on conflict day.

<u>Proposal</u>. Provide students with two open days before finals begin. One possible schedule is to end classes on Wednesday and leave the following Thursday and Friday as the two open days. Saturday would be the first day of finals. Due to religious purposes, Sunday is left as a free day. Finals would then continue from Monday through Friday.

collegiate crossword

