

Ascent Seeks Student Articles

by Chris Malik

The Ascent has transformed its format this year into a four (11x17 inch) page publication using a Macintosh computer and a Pagemaker software system. These changes have given the ASCENT a more realistic "newspaper look", while still allowing us to produce the paper as an "in house" project, without the need or cost of having to go off campus.

Also new this year, is the inclusion of "College News From Around the Country" which we receive from the College Press Service, distributed by Tribune Media Services. This section of our paper seeks to provide the Daemen College community with a peek at what's happening at other colleges and is intended to supplement the student articles from our campus. This is an enhancing feature of our paper, however, one of our goals and desires is to have the paper dominated by Daemen College student articles.

Presently, we have only a few dedicated student writers contributing to the ASCENT. What we need to really make this a student newspaper are articles from you the students. So how about it, do you have an interesting bit of news, commentary, or even a poem to share with us? Student organizations, why not let us know about your events and activities. And English majors, how about you? Here is an opportunity to get your work published.

What we are looking for is literary prose that informs, intrigues, or entertains, while also "elevating" (hence the name ASCENT) our humanity. The ASCENT will strive to publish as many well written articles as possible each month that ensue this agenda. Submissions to the ASCENT can be sent to the Student Activities Office, in care of Chris Malik.

**Start
Writing!**

Honors and Awards

On Tuesday, October 29, members of the English and Foreign Language departments met at the Eagle House restaurant to induct the newest members of the Lambda Iota Tau Honor Society and to announce this year's recipient of the John T. Masterson Scholarship.

Presented with certificates of membership in LIT by Mrs. Koscelski, the chapter moderator, were Lori Baker (Spanish), Stephanie Banta (English) and Karen Wallace (Spanish). Only students with a 3.0 cumulative average and a 3.3 in their major are invited to join.

The scholarship is a tuition award presented to a junior or senior

English major who has a 3.0 cumulative average and who is recommended by two members of the English faculty. Mr. John Masterson presented the scholarship that was established in his honor to Teresa Papaj, an English major of the class of 1992. Terry received an engraved plaque, and her name will be added to those of the five other recipients on the wall plaque in the library.

Among other special guests attending the dinner were Jeff Lieberman, last year's scholarship winner, his wife Caroline, also a Daemen graduate, and two-month-old Rachel Lieberman, class of 2013.

Community Service News

by Michele Marble

On November 16th, Lambda Chi Iota, in conjunction with the Community Service Department, hosted the Stationary Bike Ride Challenge. This Challenge was held in the Wick Social Room where there was food, drinks, music, and prizes for all those involved. The cost was \$25 per group, each group consisting of five people. The money raised went to the Fellowship of the Disabled, for transportation.

Started on November 26th and continuing thru December 24th is the Christmas Kettle. The Salvation Army needs "Bell Ringers" in order to raise money for the needy. The money will provide toys and dinners during Christmas. Anyone who is interested should

contact Joe Sankoh in the Community Service Office or Aileen Pachico at 883-1934.

The Rosa Coplon Jewish Home and Infirmary is also looking for volunteers to visit the residents. These residents have no friends or family that can visit regularly. Anyone interested should call the Home at 885-311 and ask for Elizabeth Grizanti, or call Ruth Pugash at 688-6857.

Remember, when you volunteer you receive the volunteer credit hours you need in your field. If you would like more information about community service, contact Joe Sankoh in Canavan Hall.

WARRIORS HUMBLE HUMBER

The Daemen Warriors opened the 1991-92 season with a relatively easy victory over the Humber Hawks from Toronto, Ontario. The scoring leader in the 90 to 79 victory was senior guard Rob Robinson from Emerson High in Buffalo. Robinson's 22 points and 7 assists was closely supported by senior center Aphonsus "THE FONZ" Oviasogie's career high 17 points and 8 rebounds.

THE FONZ opened with the new season's first 7 points. Chris Sprigg's 15 point performance was a great introduction for this Daemen College new-comer from St. Joseph's High School.

The Humber club was detained temporarily at the Canada US border. This resulted in a 15 to 20 minute delay in the start of what is hoped will be an outstanding season for the Daemen College Warriors. The Hawks played as if they were 15 minutes behind the Warriors, often trailing by 15 to 20 points throughout the "contest".

The warriors added to THE FONZ'S quick start with comendable efforts by forward Alex Nowara's 13 points and 14 rebounds as well as Russell John's 10 points and 13 rebounds.

Coach Don Silveri was able to clear his bench introducing new players Dennis Schimpf, Colin Rhodes, Dave Galvez, Darrick Castronova as well as returner Tim Foley, to the Daemen fans. Coach Silveri was impressed by the play of Dennis Schimpf.

The game was as entertaining as Athletic Director Don DelBello had promised..... "lots of run and gun..."

The Warriors actually kept the Hawks in the game with early season poor passing. Although undersized, the Warriors out rebounded the visitors 45 to 40. Many of the Toronto team's rebounds came on their offensive boards as the Warriors' defense forced poor shots but allowed for the Hawks to get many additional shots as the Warriors allowed the taller team to get better position.

The next home opponent will be Westminster on December 7th at 3p.m. in the Athletic Facility. Be there to cheer on the return of the 1991-92 "WARRIORS"

Sexual Assault Awareness Workshop

by Ellen Hennessey

Sexual Assault is a crime committed quite frequently. You think it may never happen to you but it could affect your world as either a victim or by hurting someone very close to you.

On November 13th there was a Sexual Assault Awareness Seminar in Wick Center. Although the presenters were very informative, some of the students were disappointed to hear from the experts that there is little to do to fight off the assailant.

The Advisory Committee on Campus Safety would like to make the student body aware that this awareness process is only a beginning. The com-

mittee is currently examining policies, procedures, and programs to be sure to provide our students with the most useful and beneficial information.

The committee, through its student representatives, would appreciate any ideas or concerns that you, as students, may have regarding this terrible crime problem. Your student representatives on the committee are Tony Sciolino, Pres. of Sig Ep, and Ellen Hennessey, Student Association VP for Governing. The reps can be reached through the Student Association Office or through the Wick Desk mailboxes.

**NEW
STUDENT
HANDBOOKS
ARE
AVAILABLE
AT
WICK DESK**



(pick one up!)

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Ascent reporters featured this issue:
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Chris Malik

Ten "E.Z." Tips for College Success

by Dr. Eric Zinnerstrom

As time marches on and finals draw near, you might be wishing that you had another week or two to prepare for them. Unfortunately, I can't help you there. You might, on the other hand, want to consider the following suggestions.

Generally speaking you should:

- 1) "make choices" when preparing for exams.
A general rule to follow is to devote 75% of your time to the "old" material, 25% on the material most recently covered and 0% at Brunner's.
- 2) develop a "study check list".
This helps you identify the major points that were brought out in your readings and lectures.
- 3) prepare a "summary outline" of your notes.
Outlines help us learn from the general to the specific, the preferred method for mastering information. Even if you take good notes, a summary outline is very useful.
- 4) create "flash cards" placing the question on one side and the answer on the other.
Yeah, yeah, I know it's elementary. However, if you take the time and review the cards repeatedly, it can make a difference. Remember, flash cards are most effective if you recite the information rather than review it silently.
Therefore, recite ad nauseam.
- 5) endeavor to remain relaxed.
Appreciate that panic is irrational, self-made, and self-defeating. It can block your memory and concentration.

Try the following to relieve stress:

- | | |
|--------------------|---|
| a) breathing | -Fill and release your lungs (the objective is to take in "fresh" air and expel the "old" air). |
| b) tense and relax | -Make a muscle or group of muscles tense, THEN relax them. |
| c) guided imagery | -Focus on a calming/relaxing image and visualize it to the best of your ability. |

Regarding test situations, you should remember that our mind is like a car, it takes awhile to warm up. Stay focused on the exam and:

- 6) trust your first instinct.
It is to your advantage to trust your intuition.
Only change an answer if you are absolutely certain your first choice is incorrect.
- 7) watch out for absolute qualifiers.
e.g., "always", "never", "all", "none", "only", etc. Generally speaking, true/false statements using such qualifiers are false.
- 8) when dealing with multiple choice questions, you should cover the options and answer the question mentally, then look at the choices and select an answer.
Do not let "foils" included as options confuse your thinking. Remember, questions may have a "best" answer and not necessarily a "correct" answer.
- 9) when answering essay questions it is advisable that you generate a brief outline. (be sure to include examples to substantiate your point/s)
Outlines help ensure that you will not leave out any important points. Additionally, should time run short, at least the professor will be able to ascertain that you have command of the topic.

- 10) check all your work
Carelessness and failure to follow instructions can result in unnecessary loss of points.

It is important that you appreciate that every suggestion has its exceptions. Remember, the most effective technique for long term recall and reduced "test anxiety" is to engage in "distributive learning" from the first day of classes. Anything less must be seen as insufficient application related to your responsibilities as a learner.

Good luck on you finals! Remember, learn from this semester's mistakes and make it a goal to do better during the Spring '92 semester.

STUDY

Student Profile: John Kuss

Dedication and hard work pays off for PT student

by Lori E. Lukasik, contributing reporter

Determination, hard work, and having a goal to pursue, have helped John Kuss to make his years at Daemen College most rewarding. With one semester remaining to obtain a physical therapy degree, he already has a full time position guaranteed and tuition reimbursement from his previous Co-operative Education employer.

John will be working upon graduation at Ricelli PT in Syracuse, which is his hometown. After completing a 6-credit CO-OP there last summer, he was offered a position and signed a one year contract which included senior year tuition being paid by the employer.

"This position will give me good experience with patient interaction which will help me get into medical school," John said. "I would like to work a year in the field and then take the MCAT's to get into medical school."

Pursuing a career in the health field was not something John always wanted to do. He was always interested in sports. His brother, who was going through physical therapy rehabilitation, suggested the profession to him and informed John that he could go into sports medicine.

Based on his brother's recommendation, he applied to two schools in the Buffalo area. He decided on Daemen College because of the campus atmosphere, the four year program and he had a friend attending Daemen.

During his junior year, he began his first experience in the field. He did a CO-OP Field Experience at Great Lakes PT as a physical therapy aide. From there he continued with another CO-OP at Ricelli PT. To complete his experiences, he will be doing his senior affiliations at Alexandria Hospital in Virginia, Syracuse VA Hospital, Albany Memorial Hospital, Venice Hospital in Florida, and Cincinnati Sports Medicine in Cleveland.

John said that the most rewarding part about being at Daemen College was that it provided the education necessary for stepping right out into the field and becoming a physical therapist.

Through his coursework, CO-OP field experiences and affiliations, he will be ready for the working environment.

It seems like John always "had it together" but in looking back, he said he would have done some things differently.

"Freshmen year I wasn't focused. I would have put more effort in my freshmen and sophomore years. I wasn't really sure how to get into upper division," he said. "I needed a letter of recommendation from a licensed physical therapist to apply to upper division so I did volunteer hours through the Community Service Department at Millard Fillmore Hospital. I wish I would have been more aware of the requirements and utilized my summers better."

To give advice to other students John says, "Stay focused and remember why you are here during the week." John said studying has been his life for the past four years and it has paid off with a 3.3 cumulative average and a 3.6 average in his major.

John makes sure that he is always busy. He works at Denny's Restaurant on weekends and breaks when he goes back home to help his mother pay for his schooling.

To keep him motivated, John said, "I keep reminding myself that it is only temporary. If I work hard now I will be better off in the end." To add to that, his mother has served as a positive role model. His mother works about 70 hours a week at General Electric as a Computer Operator.

"She sets a good example for me. She has always been very supportive and provided me with money when I needed it," he said. "I want to make sure I can pay her back for everything she has done for me."

Looking to the future, John said, "I will go where my job leads me or where there is an opportunity to get ahead. I will always remember Daemen College and the same people that I saw everyday. I have a lot of good memories."

Editorial

Given space restrictions, I can't include some important, personal background information. Briefly, I am a Daemen student who has also been a freelance photographer in a number of fields for several years. I had posted a card outside the bookstore, "Photographer seeks figure models". Having recently passed the bookstore, I noticed that someone had scrawled the opinion "PIG" over my card. (I also am not immune to making assumptions, and I assume my critic is female, though I recognize the truth may be otherwise.)

My reaction to this graffiti was not anger, but sadness and some personal pain. I felt hurt because someone who obviously knows nothing about me, and has not seen my work, would choose to make a groundless assertion. I was saddened that this card might be offensive to some, but more so than that, someone's prior experiences would lead them to make such an impulsive and ignorant statement.

I wonder if the reaction would be similar if the card read "Art class seeks figure models" or "Artist seeks

"Please Think"

figure models". I'm not sure whether my detractor does not believe photography can be an art, or that the female form is an unacceptable subject for such an art form, or that it is intrinsically impossible for a male to practice such an art. All are sad, many are commonly held beliefs, and it is precisely these that I try to dispel with my work.

I do not seek an apology. I believe everyone is entitled to their opinion. My hope is that the larger Daemen community would be mature enough to contact me to discuss its discomfort with my notice, or express its concerns in a more acceptable forum, such as this editorial.

I doubt that my critic would feel the same, if she had any objective evidence to support or (undermine) her rhetoric. I am not coercive, nor do I misrepresent myself. I would ask that the next time you pass the bookstore, take a look at this commentary, and decide for yourself. If an individual wishes to deny another's freedom of expression, who, in fact, is the swine?
by Doug Mrva

Winter Words

First Pictures

We're walking through the woods
Strolling hand in hand
We see a little tree
Not too small
But just the right size
For the room we have
We take a picture and then
We see its needles are bright and strong
It stands so proud and fearless
Showing off
It knows its strengths
It knows we're entranced
And it will be the one
For us
We take a picture and then
Carefully we take it in
Place it in the perfect spot
How beautiful it is
Even in its natural state
We take a picture and then
We begin to decorate
With tinsel and snowdust
With santas and angels
Adding teddy bears and tiny toys
Candy canes and lights
We take a picture and then
Add presents underneath
Add a star on top
We turn off the lights
We take a picture and then
Stand back to admire
Our first Christmas tree.

by Donna Owens

Winter Time

Slippery streets and lots of snow,
Never any place to go.

Red-nosed children and snowball
fights,
little talk on a "silent night."

Crackling fires all ablaze,
Happy faces lighted up with amaze.

Christmas coming very soon,
holiday weather all in bloom.

Winter wonderland of fun,
Crisp air in which to run!

by Debbie Holyinski

What's bigger
than a giant
pumpkin?
Find out on
December 12!



It's Snowing

It's snowing today
Did you notice...

The car door is frozen shut
The road is covered with slush
I get out of the car
To slip and fall
There's snow in my shoes
And snow in my socks
I forgot my mittens
And my hands are cold
My nose is red
And its starting to run.

It's snowing today
Did you notice...

The snow is gently falling
Children are laughing
And school is closing
The trees are white
And glisten in the morning light
I take a walk
In the crisp fresh air
I hear birds singing
And think
The world is peaceful and quiet

It's snowing today
Did you notice?

by Annemarie Deegan

The Snow Princess

As she awakens there are none of the usual sounds of the world outside. All is silent. Her face is filled with anticipation, as she gently turns back the covers and tips to the window. Her eyes widen, a sly grin brightens her face. It is snowing. From my post at the door I can see the flakes falling gently to the ground. She squeals with delight and bounds towards the door. She sees me standing there. I can read the wanting in her eyes. "Can we..." There was no need for her to finish the question. "Of course, right after breakfast." She pouts, but heads for the bathroom to start the morning ritual to which she has become accustomed. She quickly brushes her teeth and washes her face. It is a good thing she had her bath before bed last night. She starts rummaging for something to wear. She locates her swimsuit first. Then she finds jeans, turtleneck, and socks. She dresses in a hurry and runs for the kitchen. Breakfast is quick and simple. I help her into her snowsuit, boots, mittens and hat, before getting into my own.

The snow is still falling gently. She delights herself with making footprints in the virgin snow. Then she sets herself to the task of making a snow princess. We both know this is the real reason we are out here. She solicits my help in piling the snow. Its almost as tall as her. We begin to roll snow for the head. I gently place it in position. We've been out here for almost two hours and she is starting to snuffle, so we go back inside. We plan to return after lunch.

I remove her heavy clothing and she climbs into a rocker near the unlit fireplace. I start making cocoa. When I come back into the room, she is gently rocking. Her eyes are distant. She doesn't notice me there. Watching her, I think back to this date four years ago. There was an awful blizzard. Her birth was a ray of sunshine on an otherwise dark and dreary day. She speaks and breaks the trance that I was in. "Can we use the old costume on our snow princess?" "That's a great idea!" She's referring to the costume she wore to last year's Christmas Costume Ball at the Children's Center. Among all of the Santas, elves, snowmen and reindeer, she was the only princess there. We drank our cocoa, then rummaged through several boxes of too little clothing before finding the cape, wand and tiny crown.

Later after lunch, we took them outside along with two radishes for eyes, a carrot for a nose, and multi-colored marbles for the mouth. While I started on the face, she busied herself with positioning the wand. I tied on the cape and lifted her as she placed the crown. "Oh, how pretty! How about a picture?" Before she could answer I had stepped quickly inside to grab the camera from its place on the banister, ever ready for a candid shot. She posed by her masterpiece. As she watched the picture develop, I steered her inside. She started removing her clothing while I put four candles into a small cake. She smiled cheerfully, closed her eyes and blew out the candles. I pulled a box from behind the sofa. She opened it carefully. As she pulled it out, tears came to her eyes. I thought I had made a big mistake, but I detected a faint smile. "This is the best birthday present ever." She rubbed her hands across the cover of the book.

She opened the cover and motioned for me to read. I did not need to follow the words. I had told her this story many times. I had finally decided to have it printed. When I finished, she lifted the snapshot and pointed. "Is this the snow princess in the story?" "Yes", I said, not looking at the figure to which she was pointing.

by Donna Owens

Reflections

Short Sketches & Poetry



December 5, 6, 7

8:00 pm

Daemen Little Theater



General Admission \$3.00

Daemen Community & Senior Citizens \$1.00

Are you a Trekker?

Hey Star Trek fans, are you interested in beginning a club to share our common galactic interests?

If you are interested in forming a club or just in discussing this idea with other dedicated "trekkers" please sign up at the interest sheets posted at the Bookstore and/or Wick Desk.

World Language Club

by Donna Owens

The French and Spanish Clubs have combined to form the World Language Club. They invite all Daemen College students and faculty to participate. Their meetings are held on Friday's at 11:30 in Room 228. Recently selected officers are: Pam Healy-French President and Elaine Plaza-Spanish President.

The first major event is the making of a movie. Sebastian Byers, Artistic Director, is asking for the help of anyone who would like to become involved in a serious task that will increase our knowledge of the world around us.

The movie will be approximately 30 minutes to an hour long. Completion of the film is planned before the intersemester recess. You do not have to speak either of these languages or be presently enrolled in a language course to become involved.

The World Language Club is also planning an international dinner for the Spring semester, so keep watching for signs of this upcoming event. Any one interested in either the movie or in becoming involved in the Club should contact either of the presidents, Sebastian Byers, or Professor Sokolowski.

DAVE BINDER

is coming back to
DAEMEN COLLEGE

on December 7

at 9 pm in Wick Social Room

This year's concert will be

**"THE BEST
OF DAVE BINDER"**

He's just plain good!

SUMMERFARE

presents

The Sounds of Christmas

a holiday musical show

Thursday, Friday at 8:00 pm

Saturday at 5:00 & 8:30 pm

Sunday at 3:00 pm

December 11-15

in the

Daemen Little Theater

General Admission \$12

Students & Senior Citizens \$10

Daemen College Students \$8 (\$6 on Thur. & Sun.)

Resident Council on the Move

Are you involved?!?

With my election to the office of President of Resident Council, I decided that this was going to be the year that this campus organization moved off the ground and made a name for itself. This goal for the council is largely made possible by the cooperation that I have been receiving from the Executive Board and from the membership of the council.

This year's executive board has rather diverse backgrounds and is willing to work to make Resident Council the success that it deserves to be. The officers are:

President	Peter Lee Brodie
Past President	Dana Bookbinder
Vice President	Robert White
Public Relations	Kevin Harkins & Sharon Goodwill
Secretary	Christina Valentine
Moderator	James Burke

The board meets a minimum of 2 to 3 times per week to discuss issues and programs that are of concern to residents. Our paramount topic is residential safety and satisfaction. Although in this discussion we realize that we are not able to please all members of our community, we do try to reach the majority.

To assist the students, we are presently planning a Final Study Hall Session. These study halls are scheduled for Friday, December 13; Sunday, December 15; Monday, December 16; and Tuesday, December 17. These study halls are being planned from 10:00 p.m. (food available) until 3:00 a.m. in the Wick Center. The goal is to have a quiet

study atmosphere available for students to prepare for the final examinations. Daemen College Dining Service is providing, at no charge, soda pop machine access, juice machine access, and a different type of food per night. On two of the nights the students will be served by the administration of the college. Various administrators are being invited to help us prepare for exams.

Our other major function is the Dorm Decorating Contest. This contest is being run in conjunction with the President of the College, Robert S. Marshall. The prize for this event is a catered Chinese Dinner in the Executive Dining Room. The judges for the event will be President Marshall, Dana Bookbinder, and myself. Information has been mailed to the representatives from each dormitory to involve their dorms.

On a final note, Resident Council has three committees: Food Service Advisory Committee, Membership Committee, and Special Events Committee. These committees will seek to involve as many students as possible in their functions to further the growth and development of an organization designed to assist the resident students in improving their life on the Daemen College Campus. By getting involved you can improve your life here this year and in future years. We need your support!!

Peter Lee Brodie
Resident Council President

Film Review

by Annemarie Deegan, Donna Owens

Sullivan's Travels by Prescott Sturges was the first film in the Comic Release series to be shown at Daemen Little Theater. It was a delightfully funny and entertaining black and white film with a happy ending.

Sullivan was a famous screenwriter who wanted to experience life as a tramp in order to write a documentary

about the less fortunate. He finds that laughter is all that you really need.

There was time after the film for discussion. The only drawback of the evening was that there weren't many Daemen College students present. The next film in the series is Harold and Maude on Monday, December 2nd, at 7:30 in Daemen Little Theater.

Faculty Profile:

Katherine M. Sullivan

Associate Professor of English, Department Chairperson

by Debbie Holynski

Q. How long have you been teaching at Daemen?

A. I have been here since 1966. It will be 25 years at the end of this year.

Q. Did you teach anywhere prior to Daemen?

A. I taught at two high schools. The first one was Lake Shore Central and the other was Frontier Central.

Q. Why did you choose teaching as your profession?

A. The practical answer was that when I graduated from college there were not a lot of choices for women. Someone had told me that I would make a good teacher.

Q. What are your responsibilities as Chairperson of the English department?

A. I am responsible for administering what needs to be done, communicating

with people, and arranging the schedule for each semester. Other jobs are hiring part-time instructors, responsible for student programs, and to make sure that students are taking what they need to take at the right time.

Q. What jobs can one obtain with a degree in English?

A. Teaching is the primary one. In previous years, one could obtain a job in advertising, be involved in public relations, or writing in in-house newspapers.

Q. Do you have any hobbies?

A. I like to read, go to the theater, and I enjoy Southwest travel.

Q. What are your future goals?

A. I am interested in editing newsletters. I am happy working in my department with the English faculty.