**"Taste of Daemen" Returns**

Friday, February 19  
Wick Center Dining Room  
7-9 pm

Daemen’s tastiest event is back! All students, staff, faculty and administrators are extended a hearty invitation to this delicious event. The "price" of admission for you and a friend is your favorite ethnic dish or dessert. Last year we had Thai, Japanese, Soul, Mexican, Italian, Chinese, Polish, Lebanese, Puerto Rican...a world of fantastic foods. We also enjoyed a Caribbean band, and hope to provide live music this year as well.

Just get grandma’s recipe and bring your offering with you Friday night. If you commute, Daemen’s Dining Service will be happy to refrigerate it during the day, and we’ll heat it up for dinner.

Whether it’s plain or fancy, spicy or mild, meat, fish, or vegetarian; whether it's chocolate or caramel, sweet or tart, bring your family tradition to Taste of Daemen where it will be part of an international feast.

Look for further information in your mailboxes and around campus, or contact Professors Renee Daniel or Denise Mills, or Joe Sankoh in the Community Service Office.

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**Beating the Mid-Winter Blues**

by Kristen Burgess

Do you suddenly feel bored and depressed? If you do, you’re not alone. You are probably suffering from the mid-winter blues. Many people are affected by this in January and February. They are sick of the snow and the winter, and they feel bored and restless because of it.

Research has been done on this problem, and two main reasons have been theorized for the mid-winter blues. One reason is the let-down after the holidays. During October, November and December, everyone is busy preparing for the holidays. But suddenly the festivities stop in January, leaving people feeling depressed.

"When humans are deprived of the sun, it results in a depressed feeling."

The other reason has to do with a human’s need for sunlight. When humans are deprived of the sun, it results in a depressed feeling. There is very little sunshine during January and February, contributing to the mid-winter blues.

If you feel like you are in a slump, try something new. It will change your outlook and hopefully make you feel less depressed. Here are a few suggestions:

- **Change your environment.** While moving to Florida might be an excellent change, it is probably just not possible. Try it on a smaller scale—rearrange your furniture or repaint your room. Looking at something new will make you feel refreshed and revived.

- **Try something new.** These two months would be the perfect time to learn a new activity. Learn how to ski, try cooking if you haven’t already, or start a new hobby.

- **Join a club.** This would give you two benefits; you would become busy with a new activity, and you could make some new friends. There are plenty of clubs to join on campus, so you will be able to find one that interests you.

If the mid-winter blues have you completely depressed, cheer up! It’s only temporary. By the time spring comes, your mid-winter blues will be history.

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**The American Red Cross and the Student Physical Therapy Association invite you to Give the Gift of Life...**

**GIVE BLOOD**

Wednesday, February 10  
in Wick Social Room  
from 10 am - 4 pm

Sign up in Wick Lobby during the week prior to the Blood Drive, or simply walk in the day of the drive.

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**Daemen College’s Sixth Annual Film Series**

**Great American Directors continues**

February 22, 1993  
at 7:30 pm  
in the new Schenck Hall Auditorium  
featuring the film

**Meet John Doe**

Director: Frank Capra  
open to the public  
no admission charge  
Don’t miss it!

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These students found a fun way to beat the mid-winter blues during a December snowstorm on campus. They used their student ID’s to sign out a couple of sleds from Wick Desk and found a perfect sledding path behind the new science building.

If sledding is not your cup of tea, you can also use your student ID to sign out billiard equipment and ping pong paddles for use in the Gameroom, VCR’s for use in your dorm, and even jumper cables to get your car feeling more energized!
Minority Career Seminar Series

The Department of Cooperative Education and Career Development is sponsoring its 2nd annual Minority Career Seminar Series on Thursday, February 25th from 4:00 - 6:00 p.m. in Alumni Lounge.

Come meet with community leaders to discuss work-place issues. Network with professionals to discuss career paths and job search strategies for the 1990's.

A panel presentation with question and answer period will precede an informal reception with light refreshments being served.

Hope to see you there!

INDOOR SOCCER FANS

The Student Activities Office has purchased a group of tickets to see the BUFFALO BLIZZARDS play the CLEVELAND CRUNCH at Memorial Auditorium on Sunday, February 28 at 2:05 pm.

Tickets will be sold in the Daemen College Bookstore, February 1 through February 12.

* tickets (prime orange seats) are only $5 (all sales final)
* limit of 2 tickets/person
* transportation is not provided
* ticket quantities are limited, so get your tickets early!

Don't be left out in the cold! Get a feel for BLIZZARD soccer by buying your tickets today!

Why Rape Happens

While there isn't any one script leading to date rape, there is one primary reason why date rape occurs - because men who rape think they can. They believe that the "reward" is greater than the risk of consequences. They think if a complaint is made that it won't be given credence, and in the past were right. There is now a concerted effort by college authorities and law enforcement officials to recognize the legitimacy of these complaints and take action. When date rapes are prosecuted, the conviction rate is from a 1991 Mt. Elmore Institute Publication:

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- DATE RAPE VIOLENCE - not a difference of opinion - and sadly, are often right. They think if a complaint is made that it won't be given
- suffering no harm. Indeed, most men who commit date rape do not realize there can
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T he Wick Center Cameroongot a facelift over the Winter break. Prior to the break, the Student Activities Office polled 100 students for their preference between 2 floor tile colors: teal and gray. 60 students voted for the teal colored tile, 40 students voted for the gray. The student majority prevailed, and a new teal color floor was recently installed.

The floor is really beautiful, and looks especially nice with the newly constructed and refelted pool tables. Check it out!

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Swinging into Spring:  
We're singing a new tune

by Patti Lane

As you know, the Daemen College Swing Choir made their debut at the Holiday Dinner on December 15, 1992. The performance went very well to the delight of the Daemen community. Also, all of our members worked hard, and enjoyed finally being able to perform at Daemen!

We had our first meeting of the spring semester on January 20. Now that we have had a semester to get ourselves organized, the group is certain that everything will now harmonize even better. We decided upon some new pieces of music, performance dates, and possibly performing for charities. One idea discussed was a Spring concert to benefit the Special Olympics. A specific date has not yet been decided upon, so make sure you keep your eyes and ears open for further information.

The choir also discussed new rehearsal dates. Last semester at our interest meeting, everyone decided to hold rehearsals every Wednesday night at 9 pm. However, many people realized that this day and time became a problem, and several people were unable to participate either singing or playing an instrument for our organization. We are still open to input for rehearsals for the spring semester. If you would like to be in our choir but were unable to attend our first meeting, please leave a message at Wick Desk for the choir including your name, phone number, and best rehearsal times for your schedule. Someone will be in touch with you soon. We will try to work around everyone’s schedules so that we can have 100% participation!

Once again, we are always accepting new members. No experience is necessary. only a love for all types of music! Please try to attend one of our meetings, or talk to a choir member for more information. We really had a lot of fun last semester (even without a director). So what are you waiting for? The Daemen College Swing Choir needs you!

The Valentine’s Day Complex

by Patti Lane

Once again, it’s that time of the year when sweethearts smooth in the park, handing each other Valentines, little tokens of their undying love for each other. (Excuse me while I go throw up!) So, maybe I am holding a little grudge from my miserable childhood. Maybe I was that fat little girl who never got any Valentines, while all of the pretty, popular girls received so many that their parents would have to rent a Uhaul truck just to get them all home.

Remember how we had to make those disgusting boxes for Valentines Day, the ones all decorated with cheesy pink hearts, to hold our precious Valentines? I used to be so creative, pasting my lace and ribbons just right in order to attract everyone’s attention. And then I would kid myself, making myself believe that this year it would be me needing the Uhaul truck. Yeah, right!

By this time, everyone would be passing out their Valentines. The ceremony would then begin, seeing who you received those fateful treasures from, and counting them to see who would earn the most. I can remember several different types of Valentines, but a few stick out in my mind. 1) “The Generic Valentine”, often signed by the giver’s parents, and handed out to every kid in the class. 2) “The Teacher Valentine”, given to the class losers by the teacher out of pity. Finally, 3) “The I Am Your Only Friend In This Class So I Saved This Valentine With Bugs Bunny On It Just For You But I Still Spelled Your Name Wrong On It Valentine”. Well, this one sort of speaks for itself. Did I ever get a special, personalized Valentine from someone who really anticipated my receiving it? No. What did I receive? All of the above!

The popular girls would then delight in rubbing your nose into every pathetic piece of cheaply colored heart shaped paper card upon their desks. Well needless to say, I never let it bother me. No way! I mean, I don’t have any sort of Valentine’s Day complex that I’ve been hiding for all of these years. (Well, maybe a little!)

“The popular girls would delight in rubbing your nose into every pathetic piece of cheaply colored heart shaped paper card...”

Now, I am all grown up, in an environment where such petty things as the number of Valentines one receives no longer matters. I have had the same boyfriend for almost four years now, and I can appreciate things such as the significance of Valentine’s Day. But do you remember Suzzy Perkins, that popular girl who needed the Uhaul in the fifth grade? Yeah, I heard that she flunked out of college, and decided to spend the rest of her days scraping hamburger fat off the floor at McDonald’s...

So Suzzy, how many Valentines did you get this year?
Each is a necessary condition. Neither is sufficient. During the Gulf war, America was labeled imperialist and it was even suggested that America would never have gone to the Gulf if Kuwait had only sand and no oil. So by going to Somalia, America's humanitarian gesture can prove to the rest of the world that it does have a heart after all.

The taxpayer's big problem is: Why does America try and solve foreign problems before it solves its own?

What really shocks me is; a few years ago when America was spending billions of dollars on the cold war no one said a word. And isn't it ironical that a few million dollars spent on starving kids should now raise all these debates?

And again it is all so easy for me to sit here and evaluate the American foreign policy but it does come down to one fact. America is a rich and generous country and the rest of the world can do nothing but admire and appreciate it.

- Senator Tom Harkin

You know, I am sick of the media talking about what America should and what it shouldn't do. The facts are simple and clear - we have a crisis in Somalia, every single day thousands of starving kids are moving closer to death and so much help is desperately needed. Must we squeeze political rhetoric out of everything?

It may be difficult for all of you to stomach this line of reasoning but I believe that by America stopping one injustice, she has morally committed herself to stopping all injustice. Let us take a simple analogy of an instructor in a class. If one student is loud, obnoxious and causes trouble, the instructor shuts him up and when another student in the class sits trouble of any sort, the rest of the class looks up to the instructor to shut him up too. Similarly, I think the rest of the world (class) is being rational in looking up to America for solutions.

The question is posed constantly. "If America's motive for intervening in the Gulf was designed to curb aggression then why not intervene in Somalia?" Don't get me wrong - I vehemently oppose the notion that America would never have gone to the Gulf if Kuwait had only sand and no oil. So by going to Somalia, America's humanitarian gesture can prove to the rest of the world that it does have a heart after all.

The taxpayer's big problem is: Why does America try and solve foreign problems before it solves its own? It sounds crazy but the dilemma is that life presents us with a hierarchy of evils and the government is forced to assign them priority. You have all seen those TV commercials of starved children and you just cannot equate a couple of homeless people in downtown Buffalo to those millions of starved children in Somalia. The idea that importance ought not to matter and that America's own problems must come first is simply American moralism gone wild.

And it is known that the U.S. government does not blindly decide where to intervene. Every American intervention must pass two tests. It must: 1) be right and 2) be in her interests. Each is a necessary condition. Neither is sufficient. During the Gulf war, America...